

# Certificate of Completion

## THIS CERTIFIES THAT

## CALEB FELLOWES

has participated in the following education session:

## Hyperkeratosis of the lower Leg

Presenter The Nursing CPD Institute

In this session you will:

- Gain an understanding of the aetiology of Hyperkeratosis
- Acquire knowledge regarding contributing factors that may impact Hyperkeratosis
- Receive information on the signs and symptoms of Hyperkeratosis
- Gain an awareness of recommendations and practice points for managing the condition of Hyperkeratosis

## Completed on

#### 22 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

### **REFLECTION:**

Hyperkeratosis of the lower limb is a common skin condition that typically affects patients with lymphoedema and chronic venous insufficiency. Hyperkeratosis of the lower limb is an abnormal thickening of the outer layer of the skin (the stratum corneum) localised to the lower leg and foot. Patients are often embarrassed by the physical appearance of their skin, the flaking of the hyperkeratotic scales and the unpleasant odour caused by bacterial or fungal colonisation.

Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

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