

# Certificate of Completion

## THIS CERTIFIES THAT

## CALEB FELLOWES

has participated in the following education session:

## **Education for Non-breastfeeding Mothers**

Presenter The Nursing CPD Institute

At the end of this session you will:

- Understand which mothers might refuse to breastfeed
- Apply knowledge of infant nutritional needs to education
- Recognise risks related to poor infant nutrition
- Promote safe practice in preparation of infant formulas

### Completed on

#### 28 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

#### **REFLECTION:**

The Infant Feeding Guidelines are aimed at health workers to assist them in providing consistent advice to the general public about breastfeeding and infant feeding. They support optimum infant nutrition by providing a review of the evidence, and clear evidence-based recommendations on infant feeding for health workers. While every health worker should actively promote and encourage breastfeeding, not every mother will do so. The NHMRC guidelines identify best practice for alternative choices.

Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

ABN 56 116 470 716