

# Certificate of Completion

### THIS CERTIFIES THAT

## CALEB FELLOWES

has participated in the following education session:

## Herbal Medicines and Surgery!

Presenter The Nursing CPD Institute

In this session you will:

- Gain knowledge regarding the perioperative implications of herbal medicines
- Be able to identify by name clinically significant herbal medicines
- Learn the effects of some herbal medicines in relation to Surgery
- · Learn practical ways of minimising the potential effect of herbal medicines on surgical patients

#### Completed on

03 May 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

#### **REFLECTION:**

Herbal Medicines are increasingly being used in our societies. According to this enclosed article from the American Journal OR Nurse in a study, only 23% of anesthesia providers were aware of the current recommendations to discontinue supplements up to 2 weeks prior to surgery. The enclosed article provides interesting information on clinically significant herbal medicines and the implications with surgery.

Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #266709 issued by the

Nursing CPD Institute

ABN 56 116 470 716