

# Certificate of Completion

#### THIS CERTIFIES THAT

## CALEB FELLOWES

has participated in the following education session:

## A review of anxiety and when it becomes an Anxiety Disorder

Presenter Sue Walker

Nurse Education Specialist of The Nursing CPD Institute

In this session you will:

- · Gain an understanding of anxiety
- Review the most common anxiety disorders
- Explore the treatment options available
- Discover how to assist an individual experiencing a panic attack

### Completed on

23 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

#### **REFLECTION:**

We all experience anxiety - the focus of this webinar is recognising when the associated symptoms indicate that the individual has an anxiety disorder.

Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #264352 issued by the

Nursing CPD Institute

ABN 56 116 470 716