

Certificate of Completion

THIS CERTIFIES THAT
CALEB FELLOWES

has participated in the following education session:

Cough Assist Therapy

Presenter The Nursing CPD Institute

In this session you will:

- Gain an understanding of the mode of action of cough assist machines
- Acquire knowledge regarding the indications and contraindications for use
- Receive information regarding the process for setting up and using cough assist machines
- Gain an awareness of common features found in cough assist machines

Completed on

22 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

REFLECTION:

Coughing is an essential reflex which clears excess secretions and foreign matter from the airway. The essential components include deep inspiration, closure of the glottis and forceful expiration. Cough strength can be reduced in patients with inspiratory and expiratory muscle weakness, leading to low lung volumes and difficulty clearing secretions. Mechanical insufflation-exsufflation (in-exsufflation) via a Cough Assist Machine can assist in the removal of pulmonary secretions without the need for more invasive techniques such as open (guedel or nasopharyngeal) airway suctioning.



Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

ABN 56 116 470 716